



# Giving Hearts Day

## Be a Giving Heart!

Complete five random acts of kindness on your bingo card – across, down, or diagonal - and get a BINGO!

B	I	N	G	O
Donate a shirt or pair of pants to a thrift store.	Thank a school cafeteria worker.	Make a card to tell a family member you love them.	Say something nice to a new friend.	Help tidy up after dinner.
Write a letter to a friend or family member you miss.	Sweep or vacuum the floor at home.	Volunteer for a Giving Hearts Day charity with your family.	Thank your teacher.	Draw a picture for your best friend.
Thank your school's administrative professional.	Make a "get well soon" card for someone who is sick.	Open the door for someone, and say something nice.	Pick up your toys before going to bed.	Donate pet food to an animal shelter
Shovel a sidewalk.	Paint and hide a rock for someone to find.	Thank your school's principal.	Draw a picture for someone who is sad.	Tell a friend what they're good at .
Cut out hearts, and give them to your family as a surprise.	Tell a family member what they're good at.	Do your least favorite chore.	Donate a canned food item to your church or food bank.	Thank your school's janitor.

## About Giving Hearts Day

Giving Hearts Day is a 24-hour giving day that supports over 500 charities in North Dakota and northwest Minnesota. This year's event will be held Thursday, Feb. 10, 2022. Find more information, and support your favorite charities at [GivingHeartsDay.org](http://GivingHeartsDay.org).

Name \_\_\_\_\_ Teacher's name \_\_\_\_\_